

Boyne Falls Public School



OCTOBER 2020

MENU

Monday	Tuesday	Wednesday	Thursday 10/1	Friday 10/2
Milk is available at all meals.			Greek Yogurt Parfait & Juice Beef Stuffed Pita, Greek Salad, Fresh Grapes	Banana Nut Muffin, Cheese Stick & Juice Homemade Macaroni and Cheese, Roasted Broccoli, Cinnamon Pears
Monday 10/5 Breakfast Cookie, String Cheese, Banana Lemon Pepper Chicken, Rice, Roasted Veggies, Apples	Tuesday 10/6 Bagel and Cream Cheese, Juice Cheese Tortellini with Marinaara & Pesto, Focaccia, Green Salad, Juice	Wednesday 10/7 Sausage Egg & Cheese Sandwich Rosemary Beef Stew, Oyster Crackers, Applesauce	Thursday 10/8 Granola String Cheese & Oranges Turkey Stir Fry, Rice, Asian Salad, Fresh Oranges	Friday 10/9 Blueberry Muffin & Juice Ham & Cheese Sandwich, Cucumbers, Peaches
Monday 10/12 Banana Bread, Raisins, & Juice Veggie Pizza, Green Salad, Applesauce	Tuesday 10/13 Granola, String Cheese, & Banana Steak & Bean Burrito, Fiesta Corn, Apples	Wednesday 10/14 Chorizo Eggs, potatoes, & oranges BBQ Chicken Sandwich, Broccoli Salad, Fresh Grapes	Thursday 10/15 Greek Yogurt Parfait & Juice Half Day Dismiss at 11:00 Sack Lunches	Friday 10/16 Banana Nut Muffin, Cheese Stick, & Juice Italian Sub Sandwich, Carrot Sticks, Cinnamon Pears
Monday 10/19 Breakfast Cookie, String Cheese, Banana Pasta Marinara, Roasted Cauliflower, Sparkling Juice	Tuesday 10/20 Bagel and Cream Cheese, Juice Pork Carnitas Bowl Spanish Rice & Pineapple	Wednesday 10/21 Sausage Egg & Cheese Sandwich School Pictures Sweet & Sour Chicken with Sticky Rice, Green Beans, Apple	Thursday 10/22 Granola String Cheese & Oranges Turkey Noodle Soup, Focaccia Bread, Ranch Cucumber Salad, Melon	Friday 10/23 Banana Nut Muffin, Cheese Stick, & Juice Shepherds Pie, Green Salad, Applesauce
Monday 10/26 Banana Bread, Raisins, & Juice Hungarian Goulash, Noodles, Celery Sticks, Apples	Tuesday 10/27 Granola, String Cheese, & Banana Cheese Enchiladas, wild rice, quinoa corn, peaches	Wednesday 10/28 Chorizo Eggs, potatoes, & oranges BBQ Pork Sandwich, Dilly Potatoes, Grapes	Thursday 10/29 Greek Yogurt Parfait & Juice Blood Drive Peanut Chicken Stir-Fry, Soba Noodles, Snap Peas, Mandarin Oranges	Friday 10/30 Banana Nut Muffin, Cheese Stick, & Juice Half Day Dismiss at 11:00 Sack Lunches

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