

Boyerne Falls Public School



NOVEMBER
2020

<p>Monday 11/2 Yogurt & Berry Parfait with Juice</p> <p>Homemade Macaroni & Cheese with steamed broccoli and cinnamon pears</p>	<p>Tuesday 11/3 Blueberry Muffins with string cheese & Juice</p> <p>Lime Chicken Tacos with black beans & apple-carrot salad</p>	<p>Wednesday 11/4 Breakfast Cookie with Bananas</p> <p>Philly Cheesesteak Sandwiches with French fries & sparkling juice</p>	<p>Thursday 11/5 Sausage Egg & Cheese Sandwiches with apples</p> <p>Roasted chicken with garlic risotto and sautéed spinach</p>	<p>Friday 11/6</p> <p>NO SCHOOL</p>
<p>Monday 11/9 Yogurt & Berry Parfait with Juice</p> <p>Veggie Pizza with Caesar salad</p>	<p>Tuesday 11/10 Blueberry Muffins with string cheese & Juice</p> <p>Steak Tacos with Spanish rice</p>	<p>Wednesday 11/11 Breakfast Cookie with Bananas</p> <p>Ham & Cheese Melt with mixed veggies and peaches</p>	<p>Thursday 11/12 Sausage Egg & Cheese Sandwiches with apples</p> <p>Sliced Ham and Au gratin potatoes with green beans</p>	<p>Friday 11/13 Loaded Oatmeal with almond milk,, dried fruit, and candied pecans</p> <p>Sweet & Sour chicken with sticky rice & broccoli</p>
<p>Monday 11/16 Yogurt & Berry Parfait with Juice</p> <p>Cheese tortellini with marinara</p>	<p>Tuesday 11/17 Blueberry Muffins with string cheese & juice</p> <p>Turkey-Quinoa Turkey with Spanish Rice</p>	<p>Wednesday 11/18 Breakfast Cookie with Bananas</p> <p>Duerksons Turkey with mashed potatoes & steamed veggies</p>	<p>Thursday 11/19 Sausage Egg & Cheese Sandwiches with apples</p> <p>Korean Beef with sticky rice & lettuce wraps</p>	<p>Friday 11/20 Loaded Oatmeal with almond milk,, dried fruit, and candied pecans</p> <p>Alaskan Pollack sandwich with slaw & baked rosemary fries</p>
<p>Monday 11/23 Yogurt & Berry Parfait with Juice</p> <p>Lemon Pepper Chicken with wild rice and roasted veggies</p>	<p>Tuesday 11/24 Blueberry Muffins with string cheese & Juice</p> <p>Shepherds Pie, green salad, & apple sauce</p>	<p>Wednesday 11/25 Breakfast Cookie with Bananas</p> <p>Half Day Dismiss at 11:00 Sack Lunches</p>	<p>Thursday 11/26</p> <p>Happy Thanksgiving!</p>	<p>Friday 11/27</p> <p>NO SCHOOL</p>
<p>Monday 11/30 Yogurt & Berry Parfait with Juice</p> <p>Hungarian Goulash with Focaccia Bread</p>	<p>Tuesday 12/1</p>	<p>Wednesday 12/2</p>	<p>Thursday 12/3</p> <p>SCHOOL PICTURE RETAKES</p>	<p>Friday 12/4</p> <p><i>Milk is available at all meals.</i></p>

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