

Boyne Falls Public School

September 2017

MENU



Monday 9/4 Labor Day	Tuesday 9/5 Crispy Beef Tacos With Black Bean Corn Salad and Chipotle Caesar	Wednesday 9/6 Loaded Baked Potato Bar with Broccoli Cheese Soup	Thursday 9/7 Mandarin Orange Chicken Rice Bowl with Stir Fried Veggies	Friday 9/8 BBQ Beef Sandwich With Granny Smith Cole Slaw
Monday 9/11 Italian Sub Sandwich with Antipasto Salad	Tuesday 9/12 Chicken Fajitas with Confetti Corn and Refried Beans	Wednesday 9/13 Cheese Tortellini with Homegrown Marinara and Garlic Toast	Thursday 9/14 Open Faced Turkey Sandwich with Mashed Potatoes and Steamed Veggies	Friday 9/15 Fish and Chips with Orange Sesame Slaw
Monday 9/18 Stuffed Potato Skins with Beef and Quinoa Chili	Tuesday 9/19 Buffalo Chicken Legs with Tabouleh	Wednesday 9/20 Cheese, Pepperoni, or Super Deluxe Veggie Pizza	Thursday 9/21 Breakfast for Lunch	Friday 9/22 4 Soups & Salads with Homemade Bread
Monday 9/25 Rosemary Beef Stew and Homemade Focaccia Bread	Tuesday 9/26 Pork Carnitas with Chimichurri and Spanish Rice	Wednesday 9/27 Spaghetti with Homegrown Marinara and Parmesan Romanesco	Thursday 9/28 Turkey Noodle Soup and Peach Crisp	Friday 9/29 Alaskan Fish Sandwich with Waffle Fries and Fennel Slaw

Breakfast Served Daily

7:45 am—8:15 am

Menu:

Mondays: Farm Fresh Frittatas

Tuesdays: Bagels and Cream Cheese with Fruit Smoothies

Wednesdays: Breakfast Sandwiches

Thursdays: Fresh Fruit and Yogurt Parfait with Granola

Fridays: Warm Breakfast Cookies

There is always Milk, Water & a Fresh Fruit & Veggie Bar available everyday with lunch.

Crunch it up!



The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) (If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250- 9410, by fax (202) 690-7442 or email at program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).