

Boyne Falls Public School

October 2017



Monday 10/2	Tuesday 10/3	Wednesday 10/4	Thursday 10/5	Friday 10/6
Chicken Club Sandwich with Dilly Potatoes and Homemade Pickles	Crispy Beef Tacos With Black Bean Corn Salad and Chipotle Caesar	Loaded Baked Potato Bar with Broccoli Cheese Soup	Mandarin Orange Chicken Rice Bowl with Stir Fried Veggies	BBQ Beef Sandwich With Granny Smith Cole Slaw
Monday 10/9	Tuesday 10/10	Wednesday 10/11	Thursday 10/12	Friday 10/13
Italian Sub Sandwich with Antipasto Salad	Chicken Fajitas with Confetti Corn and Refried Beans	Cheese Tortellini with Homegrown Marinara and Garlic Toast	Open Faced Turkey Sandwich with Mashed Potatoes and Steamed Veggie	Fish and Chips with Orange Sesame Slaw
Monday 10/16	Tuesday 10/17	Wednesday 10/18	Thursday 10/19 1/2 Day	Friday 10/20
Stuffed Potato Skins with Beef and Quinoa Chili	Buffalo Chicken Legs with Tabbouleh	Cheese, Pepperoni, or Super Deluxe Veggie Pizza	No Lunch Served Parent Teacher Conferences 12:30-6:30 p.m	Philly Steak Sandwich with Dilly Beans
Monday 10/23	Tuesday 10/24	Wednesday 10/25	Thursday 10/26	Friday 10/27
Rosemary Beef Stew and Homemade Focaccia Bread	Pork Carnitas with Chimichurri and Spanish Rice	Spaghetti with Homegrown Marinara and Parmesan Romanesco	Turkey Noodle Soup and Peach Crisp	Alaskan Fish Sandwich with Waffle Fries and Fennel Slaw
Monday 10/30	Tuesday, 10/31			
Chicken Club Sandwich	1/2 Day No Lunch Served			

Breakfast Served Daily

7:45 am—8:15 am

Menu:

Mondays: Farm Fresh Frittatas

Tuesdays: Bagels and Cream Cheese with Fruit Smoothies

Wednesdays: Breakfast Sandwiches

Thursdays: Fresh Fruit and Yogurt Parfait with Granola

Fridays: Warm Breakfast Cookies

There is always Milk, Water & a Fresh Fruit & Veggie Bar available everyday with lunch.

Crunch it up!



The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) (If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250- 9410, by fax (202) 690-7442 or email at program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).